

## Recifacil – Easy Recipes | Receitas Fáceis≡

# Best Slow-Cooker Chicken Curry Recipe for Busy Weeknights

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# Effortless and Flavorful: Your Go-To Slow-Cooker Chicken Curry for Busy Days

When busy weeknights leave you little time to cook, this slow-cooker chicken curry is a game-changer. It's full of rich, comforting flavors and needs almost no hands-on time. Just toss in the ingredients, set your slow cooker, and come back to a delicious, hearty lunch ready to enjoy. Whether you're craving something spicy or looking for an easy way to add some variety

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# Ingredients for Best Slow-Cooker Chicken Curry

#### Chicken:

4 boneless, skinless chicken breasts, cut into bite-sized pieces.

#### Vegetables:

- 1 large onion, chopped
- 3 garlic cloves, minced
- 1 tablespoon fresh ginger, grated
- 2 medium tomatoes, diced
- 1 cup potatoes, peeled and chopped

#### **Spices and Seasoning:**

2 tablespoons curry powder

1 teaspoon salt

½ teaspoon black pepper

#### Liquids:

1 can (14 oz) coconut milk

1 cup chicken broth

# **How to Make Best Slow-Cooker Chicken Curry**

- Start by preparing your ingredients: chop the onion, mince the garlic, grate the ginger, and cut the chicken into bite-sized pieces.
- Add the chicken to the bottom of your slow cooker.
- Sprinkle the curry powder, salt, and black pepper over the chicken to coat it with flavor.
- Add the chopped onion, minced garlic, and grated ginger on top.
- Pour in the coconut milk and chicken broth to cover the ingredients.
- Add the diced tomatoes and chopped potatoes for extra heartiness.
- Stir everything gently to combine all the flavors.
- Cover the slow cooker with the lid. Cook on low for 6–8 hours or on high for 3–4
  hours, until the chicken is tender and fully cooked.
- Before serving, give the curry a good stir. Taste and adjust the seasoning if needed.
- Serve hot with rice or naan bread for a comforting and easy meal!

# **Serving & Storage Tips**

- Serve the curry hot over steamed rice, basmati works best.
- Add a side of warm naan bread to scoop up the sauce.
- Garnish with fresh cilantro or a squeeze of lime for extra flavor.
- For leftovers, let the curry cool completely before storing.
- Keep it in an airtight container in the fridge for up to 3 days.
- You can also freeze it for up to 2 months—just thaw and reheat gently on the stove.

## **Nutrition Facts & Healthy Swaps**

- This curry is high in protein thanks to the chicken breast.
- Coconut milk adds healthy fats, but you can use light coconut milk for fewer calories.
- Want less carbs? Skip the potatoes or use cauliflower instead.
- Serve with brown rice or quinoa for extra fiber.
- For a dairy-free version, make sure your coconut milk is unsweetened and pure.
- Add more veggies like spinach, bell peppers, or peas for added nutrients.

Use low-sodium chicken broth to reduce salt levels.

# "Nutritional Information for Slow-Cooker Chicken Curry (Per Serving)"

Nutrient	Amount per serving
Calories	350–400 kcal
Protein	30–35 g
Carbohydrates	15–20 g
Fat	20–25 g
Saturated Fat	10–12 g
Fiber	3–4 g
Sugar	4–6 g
Sodium	500–600 mg

## Why This Curry Deserves a Spot in Your Weekly Menu

There's something truly comforting about coming home to the rich aroma of chicken curry slowly cooking away. This recipe isn't just easy — it's a lifesaver for busy weeknights. With minimal prep and simple ingredients, you get a warm, flavorful meal that tastes like it took hours to make. The creamy coconut sauce, tender chicken, and cozy spices come together in perfect harmony. Plus, it's easy to adjust based on what you have in your kitchen — making it as flexible as it is delicious. Try it once, and it might just become your new go-to comfort food. So grab your slow cooker, gather your ingredients, and let the magic begin!

If you love tasty and easy recipes, don't forget to try our delicious gluten-free chocolate cake! Perfect for satisfying your sweet tooth after a cozy dinner. Check it out here: Delicious Gluten

#### Free Chocolate Cake

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